

Shelburne Long Term Care March 2025



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Special Events

Shrove Tuesday - March 4th 2025
Ash Wednesday - March 5th
Music with Debbie - March 6th
International Women's Day - March 8th
Daylight savings - March 9th
Music with Brenda - March 11th
Wal Mart Trip - March 13th
St Patrick's Day - March 17th
Pub Night - March 19th
Music with Eric- march 20th
Beach Party - March 25th




UPDATES FROM THE HOME:

Welcome to March of 2025 ! The month where spring returns and with that the clocks Spring Forward. Shelburne Long term care is so happy to have had many new beneficial changes taking place over the month of February. The dietary department has implemented the Resident Choice Meal on a 3 week rotation. Every 3 weeks, the next resident choice meal will be on March 18th at dinner time. In addition to the Resident choice meal, we are also now utilizing birthday placemats, special desserts for special occasions and themed table numbers.

In other news we have secured a Priest to facilitate a monthly mass that will take place on the 3rd Wednesday of the month.

Hear Well Be Well will be at
Shelburne Long Term Care on
Friday March 7th at 1:00 Pm.





Please remember that the home is not responsible for the lost or stolen items that visitors bring into the home. Please leave important or valuable items at home or on your person.

The Dental hygienist will be at the home on March 10th at 9:00 am!

Just a reminder to our families to please ensure that you are signing out Residents when leaving the building. The sign out book is located at the Nursing Station at the Front Entrance.



If you need us:

Executive Director

Stacey Rooyakkers EXT 221 - srooyakkers@southbridgecare.com

Director of Care

Mariana Kuzmich EXT 224 - mkuzmich@southbridgecare.com

Retirement Home Manager

Yasmine Stephens EXT 224 - ystephens@southbridgecare.com

Food Services & Environmental Services Manager

Bahaar Hundal EXT 228 - bhundal@southbridgecare.com

Business Office Manager

Jeannette Weltz EXT 222 - jharrison@southbridgecare.com

Resident Service Manager

Heather Wilson EXT 225 - hwilson@southbridgecare.com

Programs Manager

Briana La Form EXT 225 - blaform@southbridgecare.com

Infection prevention & Control Lead

Natalie Rafael EXT 222 - nrafael@southbridgecare.com

A Walmart trip will be taking place on Thursday March 13th .

This is a small outing and will be offered on a rotating basis so that different residents have the opportunity to participate.

The Programs department will be reaching out to obtain updated outing consents for all residents.

This program is subject to change based on the needs of the home and is scheduled weather permitting .

Walmart ✨



I don't know about you , but we are DONE with this snow and cold weather. So instead of a rain dance; we will be having a beach party !

John will be gracing us with his beautiful Caribbean music and we will sing dance and have treats pretending we are on the beach somewhere warm.

This program will take place on Tuesday March 25th at 2:00 pm in the Retirement Home Dining room .

Please see Briana or the Activation staff should you have any questions or suggestions.

With spring on the horizon please be aware that we will be strongly focusing on getting residents outside on nicer days !



Resident Rights

13. Every resident has the right to keep and display personal possessions, pictures and furnishings in their room subject to safety requirements and the rights of other residents.

14. Every resident has the right to manage their own financial affairs unless the resident lacks the legal capacity to do so.

Foot Care

Foot care will be offered on Wednesday March 5th 2025 between the hours of 8:00 am and 4:00 pm. If you are unsure if your loved one is on the list to receive footcare or you have any questions. Please reach out to Director of Care Mariana Kuzmich. 519-925-3746 EXT 224




Family Councils Ontario



A message from the Director of Care

Hello everyone and welcome to March. hopefully the spring will be soon joining us. We wanted to remind all family members that the Contact person number one is the family member that will be called or notified with any falls, skin issues or medication changes. In the event that a resident is sent out in an emergency situation, the next contact person will be notified if the first person does not answer.

We are happy to begin gearing up for Accreditation which will be taking place in 2026. If any family members have any questions about what Accreditation is and why it takes place, please feel free to reach out to myself mkuzmich@southbridgecare.com.

 **Family Council** will continue meeting on the 3rd Tuesday of the month! Tuesday March 11th 2025 at 1:00 PM Please reach out to our Social Worker Joanne Jordan should you have any questions or concerns regarding Family Council

A message from our Resident Service Manager

A meeting link will be going out this month to offer all families the opportunity to participate in this month's education surrounding Incontinence products. Please speak to Heather Wilson should you have any questions or concerns regarding the products your loved ones are wearing. This education will be on Wednesday March 19th at 10:30 am



Resident Council will meet on Wednesday March 26th at 2:30 PM. please reach out to Briana La Form should you have any questions or concerns regarding Resident Council.



THE LONG TERM CARE AND RETIREMENT HOME WILL BE HAVING A PANCAKE LUNCH FOR SHROVE TUESDAY ON TUESDAY MARCH 4TH!



PLEASE REMEMBER TO NOT STORE ITEMS ON TOP OF RESIDENT WARDROBES.



Happy Birthday to you!

Barb - March 16th
Mary - March 27th



Our Vision

Bridging lives together with meaning and purpose.

Our Mission

To Provide quality care and services through excellence and innovation

L Live life to the Fullest.

I Implement change through innovation.

V Value freedom of choice

E Exceed Expectations

Please see Jeannette in the business office if you would like to set up a trust account for your loved ones!

February Activity Photos!

