

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	--------	---------	-----------	----------	--------	----------

Shelburne Long Term Care
 ** Programs are subject to change **
 Activity Aide : Hailey, Chelsea, Sarah
February is Black History Month

HAPPY
Valentine's Day

10:00 Horoscopes
 2:30 Reading Circle

2
 10:00 Reminiscence
 1:00 Snow Ball Fight
 2:00 **United Church**



3
 10:00 Daily Chronicles
 11:00 Group Exercise
 12:00 **Lunar New Year Lunch**
 1:00 Tuck Shop
 2:00 Bird Feeder Craft

4
 9:30 Wal Mart Outing
 10:00 **Bible Study**
 1:00 Tuck Shop
 2:30 Bingo
 7:00 Hidden in Plain Sight

5
 10:00 Music Therapy
 11:00 Group exercise
 1:00 Tuck Shop
 2:30 **Resident Council**
 7:00 Colouring

6
 10:00 February trivia
 11:00 Group Exercise
 1:00 Tuck Shop
 2:30 Bingo
 7:00 Devotions

7
 10:00 Manicures
 1:00 Tuck Shop
 2:30 Who am I?

8
 10:00 Famous Couples
 3:00 **7 Days Church Services**

9
 10:00 **Hymn Sing**
 1:00 Sensory Stimulation
 2:30 Strawberry Milkshake



Superbowl Sunday

10
 10:00 Junk Drawer Detective
 11:00 Group Exercise
 Tuck Shop
 2:30 Valentines Day Cards

11
 10:00 **Bible Study**
 1:00 Tuck Shop
 2:00 **Music with Brenda**
 7:00 Life Stories



12
 10:00 Music Therapy
 11:00 Group Exercise
 1:00 Tuck Shop
 2:30 Pizza !

Pizza Day !

13
 10:00 Travelogue
 11:00 Group Exercise
 1:00 Tuck Shop
 2:00 **Music with Debbie**



14
 10:00 Chocolate Covered Strawberries
 1:00 Tuck Shop
 2:30 **Valentines Day Social**

Valentines Day

15
 10:00 Painting
 2:30 Balloon Tennis

16
 10:00 **Hymn Sing**
 1:00 Colouring Boards
 2:30 Manicures

17
 10:00 Waffle Making
 1:00 Tuck Shop
 2:30 Photo Booth

Family Day

18
 10:00 **Bible Study**
 1:00 Tuck Shop
 2:30 Bingo
 7:00 Puzzles

19
 10:00 Music Therapy
 11:00 Group Exercise
 1:00 Tuck Shop
 2:30 Basketball
 7:00 Ipad Games

20
 10:00 **Communion**
 11:00 Group Exercise
 1:00 Tuck Shop
 2:30 Bingo
 7:00 Movie

21
 10:00 Daily Chronicles
 1:00 Tuck Shop
 2:30 Basketball

22
 10:00 Hangman
 2:30 Family Feud

23
 10:00 **Hymn Sing**
 1:00 Sensory Stimulation
 2:30 Crafts

24
 10:00 Fairytale Trivia
 11:00 Group Exercise
 1:00 Tuck Shop
 2:30 Chair Yoga

25
 10:00 **Bible Study**
 1:00 Tuck Shop
 2:30 Bingo
 7:00 Concentration

26
 10:00 Music Therapy
 11:00 Group Exercise
 1:00 Tuck Shop
 2:30 Curling
 7:00 Casino Night

27
 10:00 Sing A Long
 11:00 Group Exercise
 1:00 Tuck Shop
 2:30 Bingo
 7:00 Horoscopes

28
 10:00 Baking
 1:00 Tuck Shop
 2:30 Tea Party

Ramadan Begins

