



November 2024

Shelburne Long-Term Care Home

Programs are subject to change



SundayMondayTuesdayWednesdayThursdayFridaySaturday



Diwali 3 10:00 Darts 1:00 Doll Therapy 2:00 United Church Service		Diwali 4 11:00 Group Exercise 11:00 Manicures 1:00 Tuck Shop 2:30 Hot Potato		10:00 Bible Study 10:00 Christmas Photos 5 1:00 Tuck Shop 2:00 Christmas Photos		10:00 Music Therapy 11:00 Group Exercise 6 1:00 Tuck Shop 2:30 Sign Making 6:30 Movie Night		10:00 Meditation 11:00 Group Exercise 7 1:00 Tuck Shop 2:30 Bingo 6:30 Colouring		10:00 Balloon Volley 1:00 Treat Cart 1:00 Tuck Shop	Diwali 1	10:00 Bean Bag Toss 2:00 Outdoor walks	Diwali 2
10:00 Hymn Sing 10 1:00 Sensory Stimulation 2:30 Meditation		Remembrance Day 11 10:00 Remembrance Day Service 11:00 Group Exercise 1:00 Tuck Shop 2:30 Curling		10:00 Bible Study 12 1:00 Tuck Shop 2:30 Bingo 7:00 Pub Night		World Kindness Day 13 10:00 Music Therapy 11:00 Group Exercise 1:00 Tuck Shop 2:30 Christmas Decorating 6:00 Dinner Club		10:00 Chair yoga 14 11:00 Group Exercise 1:00 Tuck Shop 2:30 Bingo 6:30 Darts		10:00 Junk Drawer Detective 8 1:00 Tuck Shop 2:30 Bazaar Prep	Diwali 1	10:00 Hidden in Plain sight 2:00 7 days Advent Church 9	Diwali 2
10:00 Hymn Sing 17 1:00 Concentration 2:30 Baking		10:00 Word Games 18 11:00 Group Exercise 1:00 Tuck Shop 2:30 Tea and Puzzles		Happy Birthday Pat! 19 10:00 Bible Study 11:00 Stretching 1:00 Tuck Shop 2:30 Bingo 6:30 Reminisce		8:00 Breakfast Club 20 10:00 Music Therapy 11:00 Group Exercise 1:00 Tuck Shop 2:30 Residents' Council		10:00 Trivia 21 11:00 Group Exercise 1:00 Tuck Shop 2:00 Music with Debbie 6:30 Board Games		10:00 Sing-A-Long 22 1:00 Tuck Shop 2:30 Treat Cart	Diwali 1	10:00 Bowling 10:00 Bazaar 1:00 Friendly visits 2:30 Devotions	Diwali 2
Happy Birthday Lawrence ! 24 10:00 Hymn Sing 1:00 Sensory Stimulation 2:30 Word Games		10:00 Mediation 25 11:00 Group Exercise 1:00 Tuck Shop 2:30 Board Games		10:00 Bible Study 26 11:00 Bake a Cake 1:00 Tuck Shop 2:30 Bingo 6:30 Decorate Birthday Cake		10:00 Music Therapy 27 11:00 Group Exercise 1:00 Tuck Shop 2:30 Zen Garden 6:30 Colouring Pages		10:00 Communion 28 11:00 Group Exercise 1:00 Tuck Shop 2:00 Birthday Party with Brenda 6:30 Chair Yoga		10:00 Balloon Volley 29 1:00 Tuck Shop 2:30 Gingerbread Houses	Diwali 1	10:00 Puzzles 2:30 Parachute	Diwali 2