

# Shelburne Long Term Care October 2024





# Like our Facebook Page to get regular updates and photos!

# **Special Events**

Wal Mart Trip - October 4th
Music With Brenda - October 8th
Sweet Pea Pumpkin Patch - Oct 9th
Resident Council - October 10th
Bake Sale - October 11th
Music with Dan Gold - October 17th
Cooking with Briana and Bahaar - October 25th
Haunted House Tour - October 26th
Halloween Party - October 31st



# FROM THE PROGRAMS DEPARTMENT:

Hello everyone, and Happy October!
We can not believe that October is here already. Our Residents have participated in so many enjoyable Summer activities and we can't wait to share what we have in store for the Fall and Winter! Please reach out should you have any questions at all about Programs or the Calendar.

I would like to take the opportunity to introduce myself! My name is Briana La Form and I am the Programs Manager at Shelburne Long Term Care. I have been a part of the staff at Shelburne Long Term Care since February of 2020 and I became the Programs Manager in April of 2022. Sarah Brown has done a great job running the department over the past year and I am so glad we get to continue working together going forward. I look forward to meeting all of you and of course seeing familiar faces again.

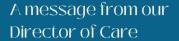


#### Exciting News!

We are excited to share that many changes have began within the exterior of our home. Peel Landscaping has begun with the gardens in the front of the building and will continue throughout our courtyard. So far the front gardens look incredible and we will keep everyone updated as things progress!







Hoping that everyone is enjoying the wonderful weather we have been having lately. Would like to remind everyone that it is important that you ensure that we have the correct information on our files to contact you in case of an emergency, Please, ensure to check in with the registered staff that the contact information we have is accurate and add any additional numbers for contact. Also, a reminder that it is important for all visitors to sign in and out at the nursing station. As well as making sure you are signing out your family member if leaving the facility. If you have any questions please do not hesitate to reach out to myself or Yasmine ADOC



**Family Council** will continue meeting on the 3rd Tuesday of the month!

#### Tuesday October 15th at 1:00 PM

Please reach out to our Social Worker Joanne Jordan should you have any questions or concerns regarding Family Council



We're thrilled to announce that our dietary team is hard at work creating delicious new fall and winter menus! These seasonal offerings will focus on fresh, comforting ingredients to nourish our residents. Look forward to tasting these delightful dishes as we roll them out at the end of October. Stay tuned for more updates and a sneak peek of what's to come!



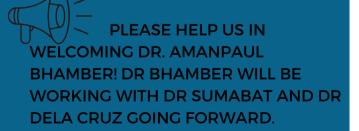
REMINDER THAT BINGO TAKES PLACE
EVERY TUESDAY AND THURSDAY AT 2:30
IN THE DINING ROOM.
UNLESS IT HAS BEEN REPLACED WITH
MUSIC!



**Resident Council** will continue meeting on the 3rd Wednesday of the month!

#### Wednesday October 16th at 2:00 PM

Please reach out to our Programs Manager Briana La Form if you have any questions or concerns regarding Resident Council





MUSIC THERAPY WITH RUTH EVERY WEDNESDAY AT 10:00

#### Happy Birthday to you

Ilene - October 4th Marie - October 5th Jean - October 26th Hazel - October 27th



Our next PAC ( Professional Advisory Committee) Meeting will be taking place on Thursday October 24th. Please notify Briana at 519-925-3746 EXT 225 or email at blaform@southbridgecare.com if you would like to participate.

Please see Jeannette in the business office if you would like to set up a trust account for your loved ones!



# Our Vision

Bridging lives together with meaning and purpose.

## Our Mission

To Provide quality care and services through excellence and innovation

- L Live life to the Fullest.
- I Implement change through innovation.
- V Value freedom of choice
- Exceed Expectations

Resident Council week was September 16th - 20th. We celebrated by having our monthly Resident Council Meeting as well as our first election in 4 years! Residents were also given an appreciation award for their participation.













Many Special events and outings took place this September; including The Shelburne Fall Fair, The Gondolas, Music with Debbie and Music with Brenda!



suitable for a colder climate

home on October 21st!

Just a reminder to our families to please ensure that you are signing out Residents when leaving the building. The sign out book is located at the Nursing Station at the Front Entrance.







Shelburne Long term Care & Retirement Community is hosting our Annual Bazzaar on Saturday November 16th!

If you or someone you know is interested in participating or having their own Vendor booth at the Sale; Please reach out to Briana La Form, Programs Manager at EXT 225 or blaform@southbridge.com

Last year was a great turn out and we hope to have the same experience this year!



With the cold weather on the horizon, please switch wardrobe to be more suitable for a colder climate

## **Executive Director**

If you need us:

Stacey Rooyakkers EXT 221 - srooyakkers@southbridgecare.com

**Director of Care** 

Mariana Kuzmich EXT 224 - mkuzmich@southbridgecare.com

**Assistant Director of Care** 

Yasmine Stephens EXT 224 - ystephens@southbridgecare.com

Food Services & Environmental Services Manager

Bahaar Hundal EXT 228 - bhundal@southbridgecare.com

**Business Office Manager** 

Jeannette Weltz EXT 222 - jharrison@southbridgecare.com

**Resident Service Manager** 

Heather Wilson EXT 225 - hwilson@southbridgecare.com

**Programs Manager** 

Briana La Form EXT 225 - blaform@southbridgecare.com

**Infection prevention & Control Lead** 

Natalie Rafael EXT 222 - nrafael@southbridgecare.com

### **Resident Rights**

- 1. Every resident has the right to be treated with courtesy and respect and in a way that fully recognizes the resident's inherent dignity, worth and individuality, regardless of their race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, gender expression, age, marital status, family status or disability.
- 2. Every resident has the right to have their lifestyle and choices