

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2023

10:00 – Canadian Trivia 1:00 – Montessori							<b>1</b>						
<small>Canada Day</small>													
10:00 – Social Hour 1:00 – Outdoor Visits 2:00 – Spiritual Hour	<b>2</b>	10:00 – Activity Pages 11:00 – Group Exercise 1:00 – Tuck Shop 2:30 - <b>Peachy Keen Day</b>	<b>3</b>	10:00 – Bible Study 11:00 – Group Exercise 1:00 – Outdoor Walks 2:30- BINGO! 6:00 – Read with Me	<b>4</b>	10:00 – Music Therapy 11:00 – Group Exercise 1:00 – Tuck Shop 2:30- Cooking 6:00 – S’mores Night!	<b>5</b>	10:00 – Manicures 1:00 – Outdoor Walks 2:00- <b>Music with Ronnie</b> 6:00 - Basketball	<b>6</b>	10:00 – Meditation 11:00 – Group Exercise 2:30 – <b>Happy Birthday!!</b>	<b>7</b>	10:00 – Hymn Sing 1:30 - <b>Coca-Cola Day!</b> 3:00 – 7 Days Church Service	<b>8</b>
10:00 - Social Hour 1:00 – Outdoor Visits 2:00- Spiritual Hour	<b>9</b>	10:00 – Harp Therapy 11:00 – Group Exercise 1:00 – <b>Teddy Bear Picnic</b>	<b>10</b>	10:00 – Bible Study 11:00 – Group Exercise 1:00 – Outdoor Walks 2:30- BINGO! 6:00 - Colouring	<b>11</b>	10:00 – Music Therapy 11:00 – Group Exercise 1:00 – Tuck Shop 2:30- Junk Drawer Detectives 6:00 – Reminiscing	<b>12</b>	10:00 – Karaoke 1:00 – Outdoor Walks 2:30 – <b>Ice Cream Truck!</b> 6:00 – I-pad Games	<b>13</b>	10:00 – <b>Carnival Day!</b>	<b>14</b>	10:00 – Hymn Sing 1:00 – Montessori 2:00 - Golfing	<b>15</b>
10:00 - Social Hour 1:00 – Outdoor Visits 2:00- United Church	<b>16</b>	10:00 – Coffee Club 11:00 – Group Exercise 1:00 – Tuck Shop 2:00 - Basketball	<b>17</b>	10:00 – Bible Study 11:00 – Group Exercise 1:00 – Outdoor Walks 2:30 - BINGO! 6:00 - Trivia	<b>18</b>	10:00 – Music Therapy 11:00 – Group Exercise 1:00 – Tuck Shop <b>2:00 – Resident Council</b> 6:00 – Movie Night	<b>19</b>	10:00 – Curling 1:00 – Outdoor Walks 2:00 - <b>Music with Debbie</b> 6:00 – Aromatherapy	<b>20</b>	10:00 – Meditation 11:00 – Group Exercise 2:30 - Gardening	<b>21</b>	11:00 - <b>Family BBQ!</b>	<b>22</b>
10:00 - Social Hour 1:00 – Outdoor Visits 2:00- Spiritual Hour	<b>23</b>	10:00 – Baking 11:00 – Group Exercise 1:00 – Tuck Shop 2:00 – Spa Time!	<b>24</b>	10:00 – Bible Study 11:00 – Group Exercise 1:00 – Outdoor Walks 2:30- BINGO! 6:00 - Puzzles	<b>25</b>	9:30 - <b>Wasaga Beach Trip!</b>	<b>26</b>	10:00 – Communion 1:00 – Outdoor Walks 2:00- <b>Music with Joyce and Dan Gold</b> 6:00 – Spider Dogs!	<b>27</b>	10:00 – Craft 11:00 – Group Exercise 2:30 - Gardening	<b>28</b>	10:00 – Hymn Sing 1:00 – Montessori 2:00 - Bowling	<b>29</b>
10:00 - Social Hour 1:00 – Outdoor Visits 2:00 – Spiritual Hour	<b>30</b>	10:00 – Bean Bag Toss 11:00 – Group Exercise 1:00 – Tuck Shop 2:30 - <b>Avocado Day!</b>	<b>31</b>										