



Shelburne LTC,
November 2021

Update from the Executive Director

Hope everyone is keeping warm with all this snow we are getting!

We are excited about the upcoming season and hope to see lots of faces in visiting loved ones.

I would like to share with you that I have taken some special projects over the next few months, and may be away from the home from time to time, but rest assured that Jaclyn is in the home to address any concerns when I am not.

Please remember that with the wintery weather upon us, your safety is very important. We know that surfaces can become very slippery. Please be extra careful always, and particularly when you are in the parking lot, and entering the home. If you ever note that salting is needed, please tell a staff member right away so that we can address and keep everyone safe.

We also ask that family and friends remove wet boots upon entry to the home. You can bring with you a pair of shoes to change into, or request a pair of booties to cover your shoes. Remember-Safety First!

As always, please feel free to reach out to me should you have any questions or concerns at, srooyackers@southbridgecare.ca. You can also reach me via telephone, at 519-925-3746, ext 221, however please note that I am not always in the office, but will return your call upon my return.

Keep warm and stay safe!

Director of Care News

Hello Families and Friends,

Last month we were busy rolling out our annual flu shot campaign "Get it don't spread it". At this time 80% of residents have received their flu shot and approximately 75% of our staff. Our goal is reach 90% vaccination rates and we will continue to encourage and offer this on site to residents and staff as we strive to meet our goal.

COVID-19 booster 3rd doses were administered to qualifying residents in September and we are now moving on to encourage and provide this for our staff. We will be continuing to monitor on a monthly basis for residents who become eligible to ensure they are offered the booster dose.

Keeping our residents safe is our top priority and therefore I want to provide a reminder to all our visitors to please be familiar with our visitor policy. All visitors must participate in our active screening process before entering the building. This includes rapid antigen testing with a nasal swab prior to your visit. If any visitors require an accommodation for screening to be completed at our main entrance due to inability to manage stairs, this will be provided please call myself or the nursing station to arrange for this. As always, please feel free to reach out to me should you have any questions or concerns at, jgoss@southbridgecare.ca. You can also reach me via telephone, at 519-925-3746, ext 224

QUOTE OF THE MONTH

"November—the last month of autumn, but the beginning of a new adventure. Time to take a risk and do the unexpected." –
Anonymous.



Activity Director Update

As the year quickly flies by we still have another month of 2021 to take in. It's been a busy one this month.

We walked a couple of residents up to the cenotaph on Remembrance Day to pay our respects to our local heroes. It was a lovely service.

We baked some bread, baked peanut butter treats (since November is Peanut Butter Lovers Month), enjoyed entertainment from Ronnie the Singing DJ and Debbie Bechamp, we put together our Christmas wish list and wrote letters to Santa and of course started decorating the home which makes everyone smile a little brighter.

We are now getting geared up for the craziness of the holiday season. The programs department is working super hard planning events for upcoming month. Don't forget our Light up The Night on December 9th from 6:30 to 8:00. Take a tour around the building outside to see the lights and have a visit with Santa. Please reach out at any time with questions or concerns.

Sarah Ricci- sricci@southbridgecare.ca

What's Cooking with our Food and Nutrition Manager?

Hello Everyone

As restrictions continue to lift slowly we will be resuming the meal ticket program. If you would like to join your loved one for any meal you can purchase a meal ticket from the Charge Nurse. They are \$7.00/ticket. You will be seated in the Activity Room or your loved ones room if space allows. Please ensure the staff know your are joining your loved one so they can let the kitchen staff know to set up trays.

I would love to know what special treats your family members enjoyed over the holiday season so we can surprise them over the month of December with some goodies.

Please feel free to contact me at: Nkalra@southbridgecare.ca